Athlete's Code of Conduct

| As an athlete on the Northport Running Club's youth team please read the following guidelines |
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| and signify your agreement to them by signing this form and returning to Coach Vicki. |
| PRINTED NAME |

- 1. I will be on time and prepared for practices.
- 2. As a member of the team, I will be courteous, respectful, and practice good sportsmanship to my teammates, opponents, coaches, and officials. I understand that criticizing, blaming, bullying or arguing with my teammates, coaches, opponents or officials will not be tolerated.
- 3. I understand that it is a privilege to represent the Northport Running Club Youth Program.
- 4. I will be attentive and quiet when coaches are instructing.
- 5. I will use appropriate, offensive-free language at all times.
- 6. I understand that we are all team members, and I will support my teammates at all times.
- 7. I will keep my hands to myself. I will keep cool under stressful situations. I will seek the assistance of a coach if another teammate is unkind, hurtful or causing harm to me.
- 8. I will treat club equipment with care. I understand that this equipment is costly; it is available for my benefit, and I will treat it as if it's my own. I understand that I may be liable for equipment cost in the event of my own misuse.

*Violation of any of the above statements will be handled in the following manner:

First violation: Discussion with athlete, parents and coach(s).

Second violation: Dismissal from practice for the balance of the day.

Third violation: Removal from the team for the duration of the season.

Being an athlete requires more than just being a team member.

It often causes demands that may require personal sacrifices. Athlete

| Signature: | |
|-------------------|------|
| Parent Signature: | |