

# Athlete's Code of Conduct

As an athlete on the Northport Running Club's youth team please read the following guidelines and signify your agreement to them by signing this form and returning to Coach Vicki.

PRINTED NAME \_\_\_\_\_

1. I will be on time and prepared for practices.
2. As a member of the team, I will be courteous, respectful, and practice good sportsmanship to my teammates, opponents, coaches, and officials. I understand that criticizing, blaming, bullying or arguing with my teammates, coaches, opponents or officials will not be tolerated.
3. I understand that it is a privilege to represent the Northport Running Club Youth Program.
4. I will be attentive and quiet when coaches are instructing.
5. I will use appropriate, offensive-free language at all times.
6. I understand that we are all team members, and I will support my teammates at all times.
7. I will keep my hands to myself. I will keep cool under stressful situations. I will seek the assistance of a coach if another teammate is unkind, hurtful or causing harm to me.
8. I will treat club equipment with care. I understand that this equipment is costly; it is available for my benefit, and I will treat it as if it's my own. I understand that I may be liable for equipment cost in the event of my own misuse.

**\*Violation of any of the above statements will be handled in the following manner:**

First violation: Discussion with athlete, parents and coach(s).

Second violation: Dismissal from practice for the balance of the day.

Third violation: Removal from the team for the duration of the season.

*Being an athlete requires more than just being a team member.*

*It often causes demands that may require personal sacrifices.*

Athlete Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

